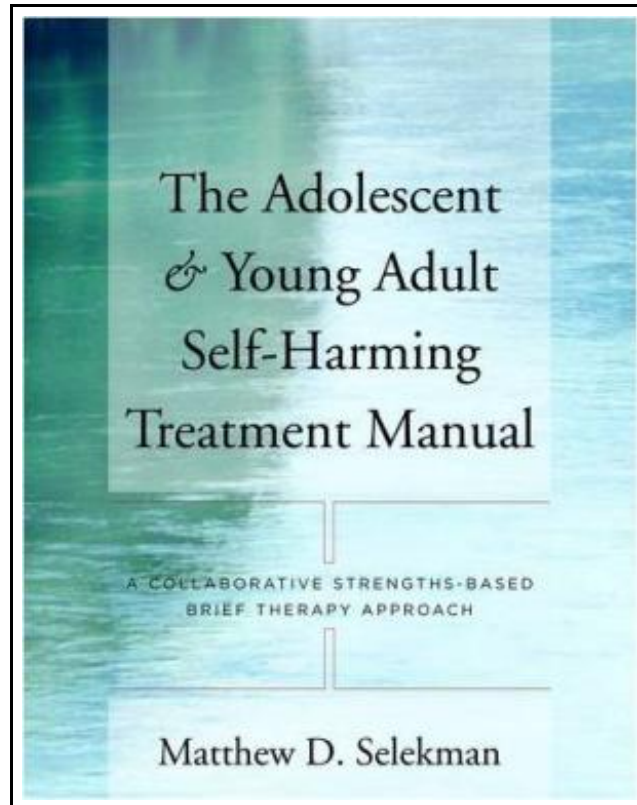


The Adolescent Young Adult Self-Harming Treatment Manual: A Collaborative Strengths-Based Brief Therapy Approach



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Reviews

It is one of the best books. Better than ever, though I am quite late in starting to read this one. You won't feel monotony at any moment of the time (that's what catalogues are for regarding in the event you check with me).



(Dr. Kristin Dickens)

THE ADOLESCENT YOUNG ADULT SELF-HARMING TREATMENT MANUAL: A COLLABORATIVE STRENGTHS-BASED BRIEF THERAPY APPROACH



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W. W. Norton & Company. Paperback. Book Condition: New. Paperback. 256 pages. Dimensions: 9.9in. x 7.8in. x 0.9in. A detailed treatment protocol for working with self-harming adolescents and young adults. Self-harming behavior in young adults and adolescents is one of the most intimidating and challenging presenting problems therapists and healthcare and school professionals face in their practice settings, yet the literature on this behavior remains scant. This workbook, a companion to Selekman's Working with Self-Harming Adolescents, provides a detailed treatment protocol for working with this challenging population. It is a user-friendly resource book for conducting individual, couple, family, and group therapy with young adult and adolescent self-harming clients. In addition, it presents a plethora of highly effective therapeutic strategies and interventions and practice guidelines. This manual will help both highly seasoned and beginning therapists feel more confident and competent working with young adult and adolescent self-harming clients. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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